

NEW ZEALAND *Naturally*

Relaxing Birdsong & Nature Sounds
from AOTEAROA



NEW ZEALAND *Naturally*

Listen to New Zealand... its forests; its waterfalls; its streams. Peaceful sounds from the Southern Hemisphere to soothe away the stresses of life.

New Zealand Naturally is a unique collection of birdsong and natural sounds from a country that no-one who visits ever forgets. A country that refreshes; replenishes; inspires.

Lose yourself in the enchanting calls of Korimako {Bellbirds}, Tūi and Kōkako. Or simply picture yourself on an endless Pacific beach at sunset, lulled by the music of the gently lapping waves. Listen to 'Aotearoa' and get as far away from it all as you possibly can!

Beautiful Nature Sounds

These relaxing recordings by *Clive Williamson* capture the true beauty of New Zealand's natural sounds: from enchanting bird-calls, the peaceful Pacific ocean and glowworm caves to the power of distant rolling thunder and geothermal activity.

The album features the songs of many birds including the Tūi, Kākā, Tīeke {Saddleback} and Hihi {Stitchbird}; gently calming early morning forest and bush atmospheres; the sounds of hot springs & bubbling mud; and the ebb and flow of the sea.

***ENJOY RELAXING TO THESE 'POSTCARDS IN SOUND'
FROM A REMARKABLE NATURAL HAVEN!***



SYMNZ2021

CABBAGE TREES,
TIRITIRI MĀTANGI ISLAND

FIND OUT MORE ABOUT THESE RECORDINGS AND OUR MUSIC FOR RELAXATION:

www.symbiosis-music.com

Relaxing Birdsong and Nature Sounds from New Zealand

Recorded by Clive Williamson

1. WATTLE TRACK IN THE WIND, TIRITIRI MATANGI ISLAND

Entrancing song from Korimako {Bellbirds}; Tīeke {Saddlebacks}; Pīwakawaka {Fantails}; and distant Hihi {Stitchbirds}

2. DAWN TO DUSK RELAXATION

Peaceful sounds from a beautiful country: from the dawn chorus to a lone Ruru {Morepork} at night.

3. KAPITI ISLAND - TUI'S PARADISE

Kapiti's rich bird-life featuring Tūi; Weka; Kākā; Pōpokotea {Whiteheads} and Toutouwai {North Island Robin}.

4. WAITOMO & KING COUNTRY (WĒTĀ MIX 2018)

Birdsong; Rain; Distant Thunder & Water sounds (Waitomo, the Glowworm Caves & Mapara Wildlife Reserve.)

5. PACIFIC SHORES (KAIKOURA; OAMARU & OTAGO)

Sea and Surf sounds with Kororā & Hoiho {Little Blue & Yellow-Eyed Penguins}.

6. BELLBIRD DAWN, SOUTH ISLAND

Gorgeous song from Korimako {Bellbirds} in woodland by Lake Rotoiti.

7. THE SPIRIT OF SUMMER, NZ

A relaxing symphony of birds, cicadas, streams, a waterfall and gentle waves.

8. THE POWER OF MOTHER EARTH (ROTORUA)

Geothermal activity from the steaming and bubbling Rotorua region.

9. NGĀ MANU (THE BIRDS)

Tuneful tribute to New Zealand's unique bird-life. (Includes Kea & Kiwi)

10. A KŌKAKO'S DREAM – MAPARA WILDLIFE RESERVE

A 'Mainland Island' where NZ's endangered birds can sing in safety.

11. MORNING MELODIES – DAYBREAK, TIRITIRI MATANGI

New Zealand's endemic species are thriving on this off-shore Island Sanctuary.





Recorded and mixed by *Clive Williamson*, a BBC-trained sound engineer, musician and producer, who founded the British-based relaxation group *Symbiosis*.

Clive Williamson has loved New Zealand since his first visit!

In the summer of 1995/6 he undertook a recording odyssey – from the Bay of Islands in the north to Dunedin and the Otago Peninsula in the south – to capture NZ’s wonderful natural atmospheres and the calls of entrancing birds like the Tūī, Korimako {Bellbird} and Kōkako. Musician and sound engineer Clive originally recorded the country’s beautiful nature sounds for his group *Symbiosis*. Since then, he has been back several times to discover remarkable new soundscapes on both the North and South Islands. The result is *New Zealand Naturally*, an album which captures the essence of many of NZ’s amazing natural environments.

Returning in 2017, Clive revisited many of the original locations. “What really impressed me was witnessing the outcome of all the hard work by the Department of Conservation and NZ’s volunteers,” he says. “Bird populations and habitats are growing and it’s a joy to see and hear the results!”



**BUSH WALK,
KAPITI ISLAND
(INSET: PORORARI
RIVER TRACK)**

Recording Locations include:

1. Tiritiri Matangi Island & Shakespear Regional Park
2. Ark in the Park
3. Waitomo Glowworm Caves
4. Rotorua Region
5. Mapara Reserve
6. Kapiti Island
7. Lake Rotoiti
8. Kaikoura Coast
9. Oamaru
10. Otago Peninsula

Other Places of Interest:

11. Paparaoa National Park
12. Lake Matheson
13. Glaciers & Mount Cook
14. Milford Sound
15. Moeraki Boulders



1. WATTLE TRACK IN THE WIND, TIRITIRI MATANGI ISLAND

Korimako {Bellbirds} and Tieke {Saddlebacks} sing as Wattle Trees sway in the breeze on this beautiful island, now managed by the Department of Conservation – with Piwakawaka {Fantails}; and distant Hihi {Stitchbirds}.



2. DAWN TO DUSK RELAXATION

- 0.00: Waitomo Valley at Dawn
- 2.24: Morning Surf, Whangaparaoa Bay
- 3.44: Birds & Bees – Waterfall Gully Track, Shakespear Regional Park
- 4.52: Marble Terrace, Waimangu Volcanic Valley
- 6.59: Tūi & Piwakawaka {Fantails} in the Rain, Ngā Manu Sanctuary
- 9.26: Country Garden – Late Afternoon, Maropiu
- 11.37: Fields & Stream at Night with Ruru {Morepork}, Maropiu

3. KAPITI ISLAND – TUI'S PARADISE

Tūi's song and flight with Weka clucking and foraging in the Bush;
Kākā calls; Pōpokotea {Whiteheads} and Toutouwai {NZ North
Island Robin}; several Tūi feeding overhead in Rata Trees.

KAPITI ISLAND AT DUSK



4. WAITOMO & KING COUNTRY (WĒTĀ MIX 2018)

- 0.00: Waitomo Valley at Daybreak (*pictured*)
- 2.04: Calm before the Storm; Mapara Wildlife Reserve
- 4.04: Distant Thunder; Mapara Wildlife Reserve
- 8.28: Gentle Waterfall at Night; Opapaka Walk, Waitomo (with Wētā)
- 9.52: Inside the Waitomo Glowworm Caves

5. PACIFIC SHORES (KAIKOURA; OAMARU & OTAGO)

Ocean Sounds from the Kaikoura region; Kororā {Blue Penguin} Colony, Oamaru; Hoiho Chicks feeding and adult calling, Yellow Eyed Penguin Conservation Reserve, Otago Peninsula.



Kaikoura

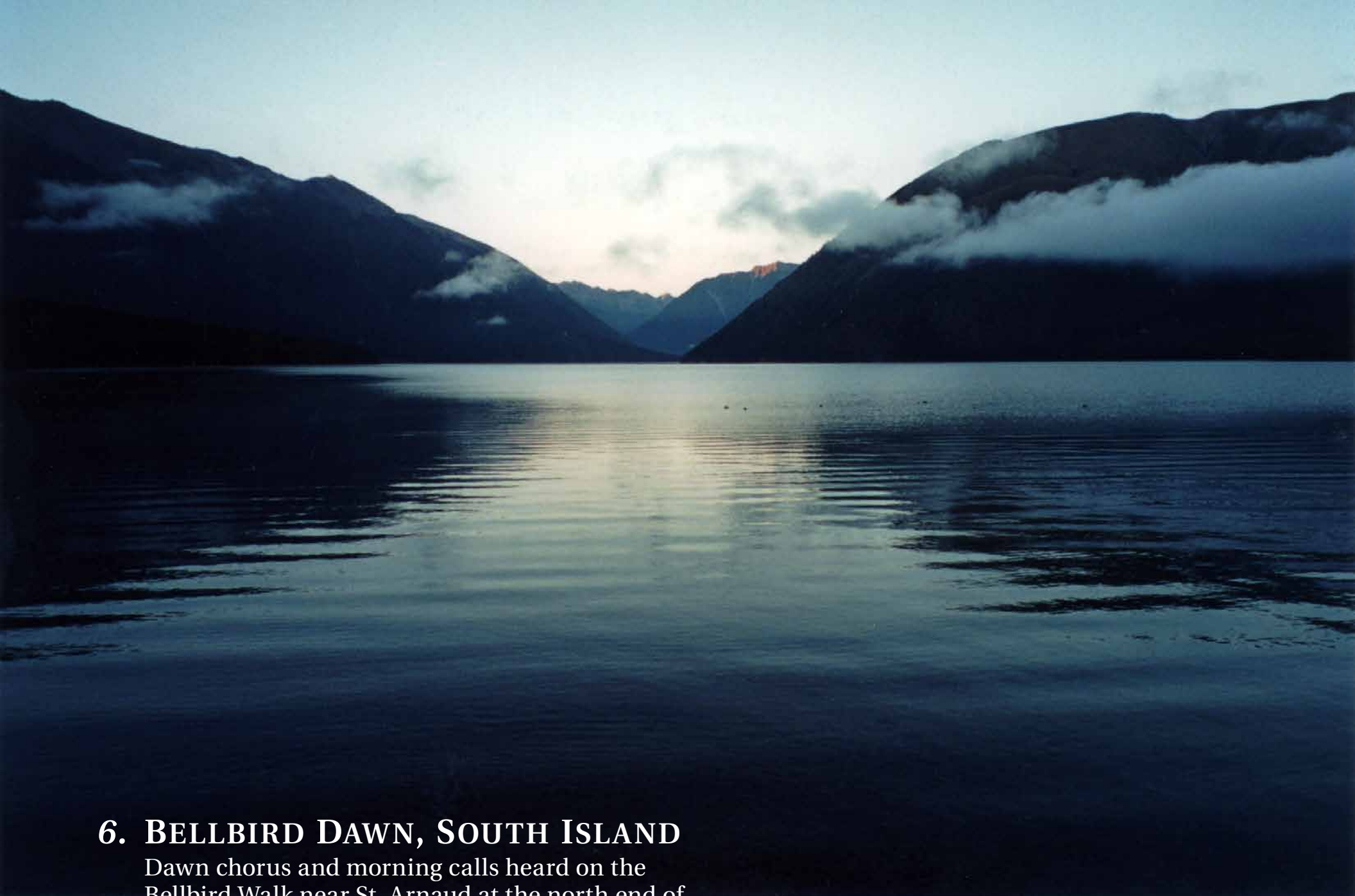


Oamaru



Otago Peninsula





6. BELLBIRD DAWN, SOUTH ISLAND

Dawn chorus and morning calls heard on the Bellbird Walk near St. Arnaud at the north end of Lake Rotoiti (*pictured*). Also features Weka calls.

7. THE SPIRIT OF SUMMER, NZ

*A relaxing symphony of birds, countryside, cicadas, streams,
a waterfall and gentle waves.*

0.00: Dawn Chorus in the Waitakere Ranges

1.54: Waterfall Gully, Shakespear Regional Park (Tūi in flight)

4.00: Cicadas, Waimangu Volcanic Valley

5.03: Morning Scene, 'Ark in the Park' near Auckland (*pictured*)

7.03: Hobbs Beach, Tiritiri Matangi Island





8. THE POWER OF MOTHER EARTH (ROTORUA)

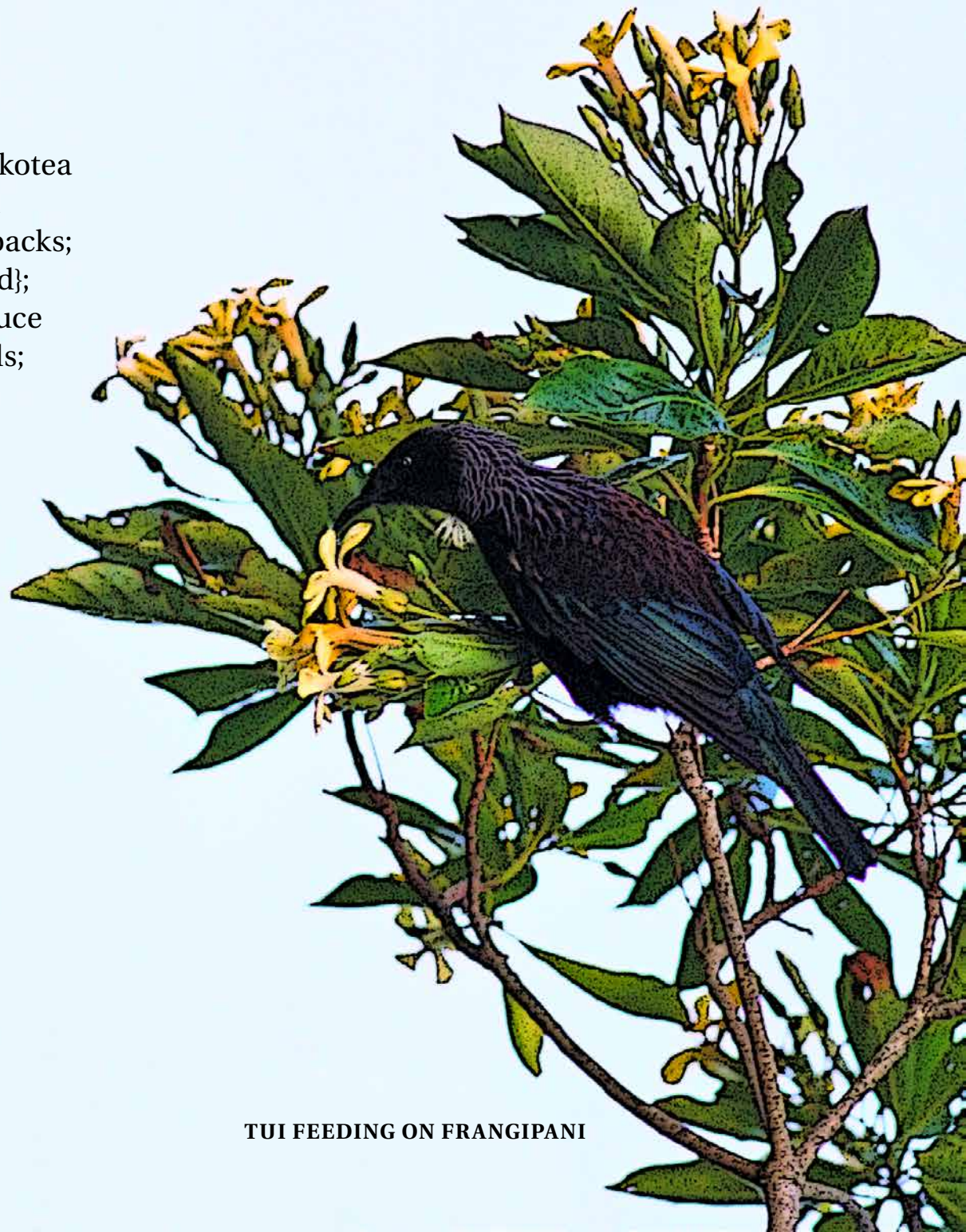
Geothermal activity from the Rotorua region, featuring seething pools, hot stream and springs, hissing steam vents and boiling mud. *(Photo: Champagne Lake, Wai-O-Tapu)*

9. NGĀ MANU (THE BIRDS)

Kea; Kākā; Korimako {North Island Bellbird}; Tīeke {Saddleback}; Tūi; Pōpokotea {Whiteheads}; Kākāriki {Red-Crowned Parakeets}; Juvenile Bellbirds; Saddlebacks; South Island Bellbirds; Hihi {Stitchbird}; 'Jack' the Tūi (from Pukaha Mount Bruce Wildlife Centre); South Island Bellbirds; Ruru {Morepork}; Kiwi; Kea.



TAKAHE



TUI FEEDING ON FRANGIPANI



10. A KŌKAKO'S DREAM – MAPARA WILDLIFE RESERVE

Mapara Reserve is a 'Mainland Island' where NZ's endangered Kōkako can sing in safety. Also features Kōtare {NZ Kingfisher}, Chaffinch and Pōpokotea {Whiteheads}.

(Recorded December 2017)

(Main Photo by Nora Correa Jimenez)



11. MORNING MELODIES – DAYBREAK, TIRITIRI MATANGI ISLAND

New Zealand's endemic species are thriving on this off-shore Island Sanctuary. Features Tūi, Korimako {North Island Bellbirds}, Pōpokotea {Whiteheads}, Tieke {Saddlebacks} and Hihi {Stitchbirds}.

(Recorded December 2017)



BIRD GALLERY



Tūi, Hihi*
{Stitchbird}, Tūi*,
Toutouwai {NZ
Robin}.



Kōkako*, Kererū*
{NZ Pigeon},
Pīwakawaka
{fantail}.



Takahē*, Kākāriki
{Yellow-crowned
Parakeet}, Ruru
{Morepork}.



Tieke {Saddleback},
Tauhōu {Silvereye},
Korimako*
{Bellbird}.

Kiwi, Kōtare
{Kingfisher}.

*(Photos with * by
Trevor Hardy)*

How *New Zealand Naturally* was recorded...

In the southern hemisphere's summer of 1995/96 and spring of '97, musician and sound engineer Clive Williamson visited New Zealand to record the country's beautiful nature sounds. The result was *AOTEAROA – Nature Sounds of New Zealand*, an album which captured the essence of many of NZ's amazing natural environments. From forests and bush to Pacific shores, via waterfalls, caves, streams and extraordinary geothermal activity, the album featured relaxing and energising 'postcards in sound' from all over the country. Clive Williamson's recording odyssey took him from the Bay of Islands in the north to Dunedin and the Otago Peninsula in the south to hear New Zealand's wonderful natural atmospheres and the calls of entrancing birds like the Tūī, Bellbird and Saddleback.

The New Zealand Tourism Board's London office were so impressed by the quality of the recordings and the way *AOTEAROA* evoked the natural atmospheres of NZ that they sponsored its release in the UK. They saw the album as a perfect way to promote New Zealand as a unique holiday destination that 'refreshes, replenishes and inspires.'



The original version of the album was released in the U.K. in May 1997, with six tracks and a playing time of 52 minutes. A special New

Zealand edition soon followed, which was manufactured in NZ and distributed throughout the country by Auckland-based ODE Records and Marbeck's record stores.

New Zealand Naturally

Since then, Clive has been back to NZ several times to discover remarkable new soundscapes on both the North and South Islands. The final result from all his visits is this album: *New Zealand Naturally*, which captures the essence of even more of NZ's beautiful natural environments. This 21st Anniversary edition adds five new tracks, extending the playing time to over 78 minutes.

Unique 'Sound Journeys'...

Each track on the album is presented as a sound journey through a different region of New Zealand. The bird-rich off-shore island sanctuaries of Tiritiri Matangi and Kapiti are both featured, as is Rotorua and the Pacific coastline of the South Island with its colonies of Little Blue and Yellow Eyed penguins. Another 'journey' was recorded in Waitomo and King Country in the centre of North Island, where Clive was caught in a thunderstorm in Mapara Wildlife Reserve. The spectacular rolling thunder is one of the highlights of the album, as is the atmospheric sound of water dripping in Waitomo's famous glowworm caves afterwards.

With its superb recording quality and evocative peaceful atmospheres, anyone can now soothe away the stresses of life and be transported to this wonderful country by listening to *New Zealand Naturally*!

As used by the BBC and featured in the Royal New Zealand Ballet's original production of "The Piano" (2018).

Helping Ecology in New Zealand

During his travels with his tape recorder, Clive was particularly impressed by the dedicated ecological work he encountered all over NZ. “Many of the places I visited were doing an amazing job conserving and restoring New Zealand’s fascinating endemic wildlife,” he says, “like Kapiti Island; the Yellow Eyed Penguin Conservation Reserve near Dunedin; and the Oamaru Blue Penguin Colony. But the place that seemed to need the most help was Tiritiri Matangi Island, so we are donating a portion of the royalties from this album to them as a contribution to their marvellous work with endangered species of birds such as the kōkako, saddleback, stitchbird and takahē!”

Credits and Thanks



Korimako {Bellbird}

Thank you to all those who helped with the recording of this album, and especially to Nora Correa Jimenez, Mary-Ann Rowland, Supporters of Tiritiri Matangi, Dr Hilary Chung and Marita Vandenberg (2017); Barbara & Ray Walter, Howard McGrouther, staff at the Oamaru Blue Penguin Colony, Emily Sinclair and Ines Perey (1995/6); and to Roger Marbeck for his continued support for this project in NZ.

Graphic Design by Clive Williamson.

Photography by Nora Correa Jimenez & Clive Williamson. Additional photographs by Trevor Hardy (*with* in Bird Gallery; Kōkako – Pages 3 & 5; Tūi – above right*) and Annette Turnbull-Dew (*Portrait on Page 17*).

Traditional Bone Carvings by Rob and Sherri Marshall.

Contacts

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Sounds and Locations

Features sounds from: Wai-O-Tapu and Waimangu Thermal Reserves (Rotorua), Waitomo Glowworm Caves, the Hauraki Gulf, Kaikoura, birdsong and bird calls including tūi, korimako (or makomako) {North Island bellbird}, tieke {saddleback}, kākā, kea, pīwakawaka {fantail}, ruru {morepork}, pōpokotea {whitehead}, toutouwai {NZ North Island robin}, hihi {stitchbird}, kākārīki {red-crowned parakeet}, riroriro {grey warbler}, hoiho {yellow-eyed penguin}, kororā {blue penguin}, weka, kihikihi {cicadas}, chaffinch, yellowhammer, song-thrush, sparrow & Australian magpie, Tiritiri Matangi and Kapiti islands, gentle rainfall, distant thunder, surf, Mapara Reserve, Shakespear Regional Park, Ngā Manu Sanctuary, Whangaparaoa Bay, the dawn chorus, temperate rain forests, and the Pacific ocean.



Tūi

Photo by TREVOR HARDY

Additional recordings from 1995/6, 2001 and 2017 add the sounds of: kōkako, kiwi, South Island bellbirds, kererū {NZ pigeon}, miromiro {tomtit}, kōtare {NZ kingfisher}, blackbird, wētā, and Lake Rotoiti (Bellbird Walk).



78 Mins
SYMNZ2021

Tracks 1,2,3,5,8 © Clive Williamson, 1997. Tracks 6,9 © Clive Williamson, 2017.
Tracks 4,7,10,11 © Clive Williamson, 2018. © Clive Williamson, 2018.



PHOTO GALLERY

1. Champagne Lake, Wai-O-Tapu
2. Pohutukawa tree in blossom
3. Clive with D.O.C.'s Barbara & Ray Walter on Tiritiri Matangi
4. Weka examines recording gear, Kapiti Island Nature Reserve
5. Lady Knox Geyser, Rotorua
6. Ray Walter and rare Takahē
7. Tree Ferns



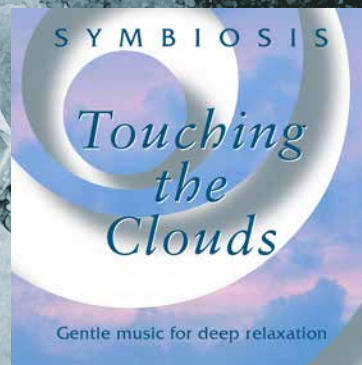


Nora Correa Jimenez & Clive Williamson in NZ, December 2017

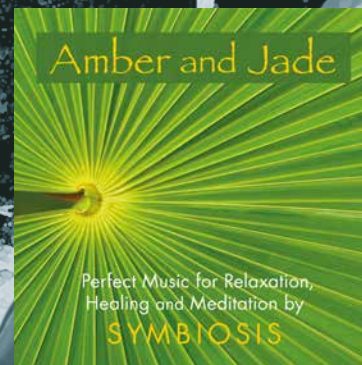


Music by Symbiosis

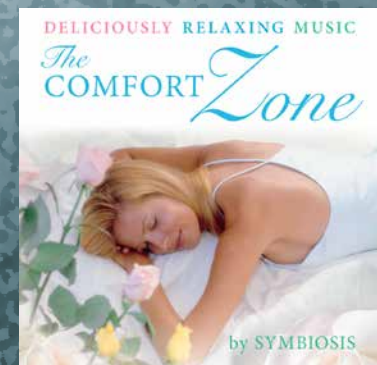
To listen or buy online, visit www.symbiosis-music.com
... or search for 'symbiosis' on iTunes & cdbaby



Playing time: 72 mins



Playing time: 74 mins



Playing time: 61 mins

Symbiosis create beautiful atmospheric and visionary music which is perfect for gentle relaxation. Albums like *Touching the Clouds*, *Amber and Jade* and *The Comfort Zone* are ideal for anyone who needs to relax and dissipate the stresses and strains of daily life, or for use in Mindfulness or by holistic practitioners. Mellifluous flute-playing (from *John Hackett*), gentle acoustic guitar, serene soundscapes and pastoral nature sounds all help to conjure up soft and delicate moods, creating a sublime listening experience throughout these extended play releases.

Now available to download from iTunes, cdbaby, Amazon Music, Google Play Music and all major digital distributors worldwide, or stream from Apple Music and Spotify.