

Air & Grace



Relaxing Flutes from
JOHN HACKETT
and SYMBIOSIS

About John Hackett & Symbiosis

Flautist, guitarist, singer and composer John Hackett is best known for his superb flute-playing with his brother Steve Hackett, the former Genesis guitarist, and with the ambient group Symbiosis. The atmospheric recordings on *Air & Grace* showcase some of his best work from nine albums with Symbiosis and include examples of both their 'Zen' and spacious soundscapes and some gently melodic relaxing pieces penned by John and the group. The result is ideal for relaxation and holistic therapies and creatively blends influences and instruments from around the globe.



Here, sensitively playing a variety of flutes - and guitars on his compositions *Freefall* and *Pastures Green* - John is joined on this compilation by Clive Williamson (pictured right) and guitarist Richard Bolton.



Symbiosis make beautiful albums to calm the mind and soothe the spirit. Their music (especially from *Touching the Clouds*) is widely used in holistic therapy, hospitals, schools, stress management and mindfulness sessions.

Research has proved its ability to lower the heartbeat rate and hence reduce stress.

To find out more about music by Symbiosis and John Hackett, visit:
www.symbiosis-music.com and hacktrax.co.uk
or search for 'symbiosis' on iTunes or Spotify.

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Flautist, guitarist, singer and composer John Hackett is well-known for his superb flute-playing as a solo performer; with his brother Steve Hackett (the former Genesis guitarist); and as a founder-member of the U.K.'s ambient group Symbiosis.

Air & Grace showcases some of his best work with Symbiosis for relaxing listening and holistic therapies, which creatively blends influences and instruments from around the globe.

1. Song of the Peach Tree Spring
2. Nimbus (Air & Grace)
3. Dancing With the Dawn
4. Pastures Green
5. Lakeside
6. Freefall
7. The Beauty Within
8. Golden Light from the Sea
9. Jasmine and Rose
10. Snake Charmer
11. The Stars, Like Dust...
12. Sacred Space
13. The Golden Temple
14. The Heron & the Sandpiper
15. Red
16. Sun on the Water
17. Gold



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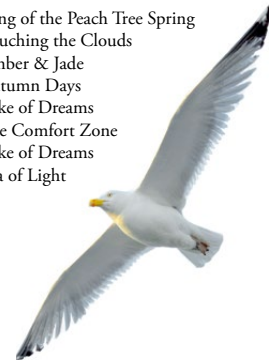
- 1. Song of the Peach Tree Spring**
by John Hackett
Joyful flute improvisation.
- 2. Nimbus (Air & Grace)**
by John Hackett & Clive Williamson
Gentle voyage of discovery for concert flute and ambient keyboards.
- 3. Dancing With the Dawn**
by John Hackett & Clive Williamson
Light and airy improvisation for alto flute with Balinese marimba.
- 4. Pastures Green**
by John Hackett
Harmonious tune for gentle guitar and flute in a pastoral setting.
- 5. Lakeside**
by John Hackett & Clive Williamson
Gentle flute with bird-calls and ambient keyboards.
- 6. Freefall**
by John Hackett
Wistful melody and guitar in a classical style.
- 7. The Beauty Within**
by Richard Bolton, John Hackett & Clive Williamson
Serene duet for acoustic guitar and flute.
- 8. Golden Light from the Sea**
by John Hackett & Clive Williamson
Lilting flute with dreamy keyboards.
- 9. Jasmine and Rose**
by John Hackett & Clive Williamson
Autoharp and flute play in harmony, with a backdrop of calm sea wash.
- 10. Snake Charmer**
by John Hackett & Clive Williamson
Slow, mesmerizing flute and frame-drum weave an Eastern tapestry of sound.
- 11. The Stars, Like Dust...**
by John Hackett & Clive Williamson
Atmospheric flute journey.
- 12. Sacred Space**
by John Hackett & Clive Williamson
Timeless, meditative music featuring bass flute and floating ambient soundscapes.
- 13. The Golden Temple**
by John Hackett
Life-affirming melody for bamboo flute with far-Eastern drums and cymbals.
- 14. The Heron & the Sandpiper**
by John Hackett & Clive Williamson
Zen-inspired flute duet for Clive's Indian Bansuri and John's concert flute.

by John Hackett & Symbiosis

- 15. Red**
by John Hackett & Clive Williamson
Slow, sensual and grounding dance with bass flute and frame drum.
- 16. Sun on the Water**
by Richard Bolton & John Hackett
Alto flute and guitar conjure up a sense of tranquillity and space.
- 17. Gold**
by John Hackett & Clive Williamson
Bright and pure duet for flute and hammer dulcimer with an Oriental flavour.

This music first appeared on the following albums by Symbiosis...

Track 1	Song of the Peach Tree Spring
2, 5 & 14	Touching the Clouds
3,7,8,9 & 16	Amber & Jade
4 & 13	Autumn Days
6	Lake of Dreams
12	The Comfort Zone
10 & 11	Lake of Dreams
15 & 17	Sea of Light



Musicians:

John Hackett: Concert, alto, bass and bamboo flutes; guitar; keyboards on Tracks 4 & 6.

Clive Williamson: Keyboards, autoharp, Indian Bansuri flute, Balinese marimba, frame drums, mark tree, cymbals, darbuka and whistling.

Richard Bolton: Guitars on Tracks 7, 15 & 16.

Production:

Production, Sound Engineering, Photography and Graphic Design by Clive Williamson.

Tracks 4, 6 and 13 produced by John Hackett and Clive Williamson.

Photo of John & Clive by Nora Correa Jimenez.

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Special Thanks:

To Katrin Hackett for her continuing support; to Ashley Drees for percussion advice (Track 13); to June, of course; and to John Saxby, for inspiring us to create *Golden Light from the Sea* for his album *Memories, Dreams and Incantations*.



This album is dedicated to John's father Peter and Clive's father Ralph.



SYMCD2015